



FREESPIRITHC

True value of people

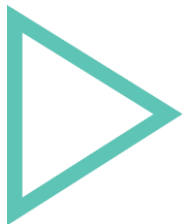
**BOOST
YOUR
TEAM'S
TRUE SUCCESS**



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True value of people

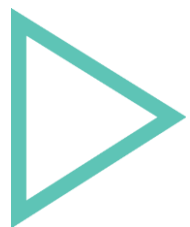
**ACTIVATING
HEART INTELLIGENCE
OF
YOUR COMPANY / STARTUP**



UNLOCK THE POWER OF HUMAN CONNECTION IN YOUR TEAM!



TAP INTO A SOURCE
OF LIMITLESS POSSIBILITIES
WITHIN YOUR TEAM



UNLOCK DEEPER CONNECTIONS – UNLOCK YOUR POTENTIAL!



Activating Heart Intelligence Of Companies is an innovative program designed to unlock the potential of teams. It's based on revolutionary HeartMath - Activating the Heart of Teams™ program. As specialized HeartMath trainer I will help you **deepen understanding, strengthen relationships, unlock insight** and **build trust** between team members.

By tapping into the **power of collective wisdom**, we will assist your team in accessing new levels of **creativity, intuition** in **solving problems** and **making decisions**. With this expertise, you can transform individual businesses into a unified force that can shape the future with confidence.

Be part of something revolutionary!

Don't just make decisions; make better decisions
by Activating Your Heart Intelligence!



LEVERAGE YOUR GROWTH
WITH THE POWER OF **HEART WISDOM**



UNLOCK DEEPER CONNECTIONS – UNLOCK YOUR POTENTIAL!



HeartMath products, tools and techniques are based on over 25 years of scientific research conducted at the **HeartMath Institute** on the psychophysiology of **stress, emotions, and the interactions between the heart and brain**. There are over **300 peer-reviewed** or **independent** studies utilizing HeartMath techniques or technologies to achieve beneficial outcomes that have been published.

It's the real deal, that can change not only perspective on business but literally create flow for long-term success!



RAISE
PRODUCTIVITY, TRUST, ENERGY, MOTIVATION
OF INDIVIDUALS – WHO SUPPORT
YOUR COMPANY’S MISSION



UNLOCK DEEPER CONNECTIONS – UNLOCK YOUR POTENTIAL!

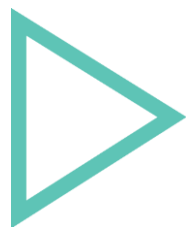


What can you expect to experience **during** and **after** our collaboration?

- ✓ High level of **trust** among team members
- ✓ **Positive energy, bonding, motivation** and **momentum**
- ✓ **Efficient communication**, which saves time and energy
- ✓ Enhanced **appreciation, care, kindness** and cooperation among individuals
- ✓ **Fewer mistakes and errors**
- ✓ **Shorter** meeting times
- ✓ Enhanced **collective intuition** for increasing creativity and finding solutions to problems
- ✓ Collaborating from a more **inclusive perspective**



EMBRACE
TEAM SPIRIT, CREATE **COHERENCE**,
ACCELERATE **GROWTH**



UNLOCK DEEPER CONNECTIONS – UNLOCK YOUR POTENTIAL!



“Any organization can appreciate the importance of team coherence, which is commonly referred to as **“team spirit”** or **“team cohesion”**, where a sense of palpable energy is experienced.”

HEARTMATH® INSTITUTE



TAILORED TO **YOUR NEEDS**
FOR YOUR **UTMOST SUCCESS**



UNLOCK DEEPER CONNECTIONS – UNLOCK YOUR POTENTIAL!



All content is provided in a way/on level of communication and action that is most suitable for teams/individuals current level of awareness.

*Content is provided **as a multiday workshop or weekly/ daily/hourly training mentoring/counseling support according to needs.** Interactive and participative in style. Facilitated live or virtually.*

*All results depend on willingness of each individual to open their mind (and hearts). **The best results are always provided by combining “so called” traditional and innovative methods of leadership/recruiting/sales.***



Are You Interested In How To Scale Up Your Company?

Discover the **Power of FreeSpiritHC's Activating Heart Intelligence Of Companies** for only **777,00 EUR + VAT** (initial Custom Deep-Structured 90 min Counseling)



Activate Your Inner Potential, **DO NOT** suppress your growth!

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